

Aquadrome Safety Announcements

Swimmers, coaches and spectators can I have your attention please for some important safety announcements.

- You are reminded that the depth of the water throughout the pool is 1.8m. Starting blocks are 700mm above the water level.
- If there is a false start, you must continue with a shallow racing dive, you must not topple into the water head downwards as this is dangerous.
- Coaches and Team Managers are reminded that swimmers are permitted to start in the water. If you are starting in the water, you must lower yourself over the side; do not jump or dive.
- The signal that you will hear if it becomes necessary to evacuate the building will be a verbal announcement. Please follow the instructions in the announcement and from pool staff.
- The emergency exits are located at both ends of the pool and are clearly marked. Swimmers and officials must not return to the changing rooms to collect their clothes or belongings.
- Over the top starts will be used in this competition. Swimmers should remain in their lanes until the next race has started or the referee asks them to leave the pool.
- Please exit the pool to the sides, do not climb out over the electronic timing pads.
- In line with the recommendation in the ASA Child Protection Policy, the promoters of this event request that any person wishing to engage in any video or still photography register their details at the entrance to the pool before carrying out any such photography. This includes the use of a mobile telephone with an image capturing facility.